February 2016

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Presentation of Christ
PARISH COUNCIL  
Executive Board  
Nicholas Babanikas, President  
George Panagoulopoulos, 1st Vice President Administration  
John Papadopoulos, 2nd Vice President Maintenance  
Joanna Stellakis, Secretary  
James P. Mihos, Treasurer  
Tulla Giannaros, Assistant Treasurer  

Members of the Board  
Nicholas Alexiou  
John Kolentsas  
Ilias Potsis  
Konstantina Boutas  
Ted Ntakoulas  
Temi Stamboulidis  
Dino Constantinou  
Stephen Passias  
Philip Tsionis

PHILOPTOCHOS SOCIETY  
Executive Board  
Pegi Ciulla, President  
Tina Boutas, Vice President  
Penny Kazis, 2nd Vice President  
Anne-Marie Horne, Recording Secretary  
Erlinda Anthony, Treasurer  
Lori Stasiewski, Assistant Treasurer  
Heidi Barbas, Advisor  

Members of the Board  
Ana Manos  
Despina Papadopoulos  
Sophia Terzakis  
Ethel Savas

OTHER MINISTRIES  
Sunday School  
Tina Boutas  
Rhoda Economos  
John Nenopoulos  
Greek School  
Ioanna Andreopoulou  
Katerina Tsiantoulas  
Tina Boutas  
G.O.Y.A.  
Jon Buterbaugh  
J.O.Y. & H.O.P.E.  
Barbara Mantalos  
Gianna Tiliakos  
OPA! Group  
Pegi Ciulla  
Koliva  
Ladies Philoptochos  
Coffee Hour  
Tina Boutas  
Shut-In Visitations  
Ladies Philoptochos  
Basketball  
Stephen Passias  
Dance Group  
Jon & Penny Buterbaugh  
Oratorical Festival  
Rhoda Economos  
Bookstore  
Pegi Ciulla  
Linda Sakelaris Poole  
Stephen Savas  
Joanna Stellakis  
Webmaster  
George Theodossiou  
helpdesk@annunciationbrockton.org

EMAILS  
Father Anthony  
priest@annunciationbrockton.org  
Liz Karolemeas  
office@annunciationbrockton.org
Beloved in Christ,

February is always an interesting month, liturgically speaking. At the beginning of the month on February 2nd, we celebrate the feast of the Presentation, or Meeting, of our Lord in the Temple. Although the Nativity of our Lord now seems so far behind us, the feast of the Presentation actually closes the 40-day period which commenced with the Feast of the Nativity on December 25th. In addition, at some point in February each year, the Church commences the Triodion period which encompasses the three preparatory weeks prior to Great Lent, as well as the 40 days of Lent plus Holy Week. This always seems to be an odd transition, going from the recent celebrations of the Nativity, Theophany, and Presentation of Christ, to the deeply spiritual themes of humility, repentance, and forgiveness introduced upon the commencement of the Triodion. However, when we pause to remember that the entire period leading up to Holy Pascha, and from Pascha to Pentecost, roughly covers one third of the calendar year, it is then quite logical that we quickly make this necessary liturgical transition each February.

Let us back up to the recent great feast days. Reflecting on the celebration of the Nativity of Christ, we clearly see how the Church presents for our spiritual contemplation, the mystery of God becoming man. In our human frailty, we lack the ability to fully comprehend this mystery. Then comes the great feast of Theophany, when we now see the Lord as a mature adult – perfect God and perfect man – coming to be baptized by St. John to demonstrate His complete humility and willingness to fully share our human nature, with the exception of sin. Again, we are at a loss to understand this mystical union of God and man. On the feast of the Presentation, we see the Elder Symeon holding in his embrace the God-man as an infant. Christ prophetically meets his people through the person of Symeon – the people whom He came to deliver from sin and from death.

As we enter the Triodion period, we can comprehend to a greater extent the meaning of Christ’s ministry on earth. When we meditate on the life of Christ, we clearly see that He was humble and taught us humility as a preeminent virtue. In the gospels we continually encounter His teachings on repentance and forgiveness, often pronounced as He performed miracles of physical healing. Hopefully at this point in the ecclesiastical year we have prayerfully rediscovered that God truly visited His people in order to save them. He came to earth to re-establish our relationship with God which was damaged through the fall of Adam and Eve.

Having completed the glorious celebrations surrounding the birth and baptism of our Lord, we can now make the transition into a more spiritually contemplative state of mind. Remember that Holy Pascha is the liturgical climax of each year, so therefore it deserves proper preparation of soul and body. Being thoroughly assured through the recent feasts that Christ is our loving and merciful Savior, we can approach the Triodion period prepared to do our part in order to receive the gifts of His great mercy.

Our goal in this life is to become like Christ – to be imitators of the Lord as St. Paul emphatically teaches us through his writings... “Imitate me, just as I also imitate Christ” (1 Cor. 11:1). The following quote by St. Paul, I find to be one of the most poignant and moving in the New Testament: “I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me” (Gal. 2:20).

This lofty spiritual goal can be increasingly gained each year when we celebrate Holy Pascha. Now that we have been spiritually uplifted throughout the Nativity season, it is time to begin looking beyond the horizon toward the great spiritual treasures which lie ahead. The commencement of the Triodion is the starting point of that journey.

In Christ’s love,

+Fr. Anthony
**Spiritual Wisdom**

If we shall remember the evil that men have done us, the remembrance of God will grow weak in us; but if we shall remember the evil brought upon us by demons, we shall be safe from their arrows. (St. Macarius the Great)

Why are we here on earth? To show our love for God, to learn to love God more than sin, and to respond to the great love of God. We are given this brief life on earth as a school and an examination. (St. Nikolai Velimerovich)

If we were humble, the Lord in His love would show us all things, would reveal to us all mysteries, but our trouble is that we are not humble. We puff ourselves up and boast over trifles, and so make both ourselves and others unhappy. (St. Silouan the Athonite)

Immense is the benefit of the Divine Liturgy, of commemorations for the departed, etc. Of course, they are only full of benefit for those who repented, who had some signs of virtues, but did not have the time to knead the bread of virtues due to negligence, indolence and procrastination. For those people, the prayers of the Church and personal prayers, alms, philanthropic deeds, etc., fill up their deficiencies, through the abundance of God’s mercy. (St. Mark the Ascetic)

**Special Gift for 100 Year Anniversary**

For the consecration of our church, we were fortunate to acquire a sterling silver chalice set through one of our families. The set is beautiful and continues to serve us well. With so many people receiving Holy Communion on Sundays and feast days, the capacity of the current chalice is a bit limited, so the set is therefore better suited for weekday liturgies.

I would like to solicit a donor or donors toward the purchase of a larger capacity sterling silver set to use on Sundays and major feast days. As you can see in the pictures below, this set has an exquisite design, and would be a most beautiful and treasured liturgical item of our parish. The cost of this set is $5,000. It includes the chalice, the diskos, the asterisk, spoon, and lance. I would like to briefly share the various benefits of this acquisition:

- Larger capacity diskos and chalice to accommodate larger amount of bread and wine
- No need for periodic re-plating as with gold-plated sets, which usually costs several hundred dollars each time
- The only maintenance required is periodic professional buffing, and light polishing which would be done in-house
- The acidity of wine does not affect sterling silver as it does gold plate
- A sterling silver set will last for decades, well beyond the next 100 years
- Lastly, it is only fitting that the holy Body and Blood of our Savior be contained in precious metal such as solid silver when possible

On Sunday, March 6th we will celebrate a hierarchical liturgy with our Metropolitan for our 100 year anniversary. It would be a great blessing to have the new chalice set for this liturgy. Please prayerfully consider offering this special gift to our parish. If anyone is interested, you may contact Fr. Anthony directly.
In Appreciation

Our sincere gratitude goes to Merri Weinberg and her devoted crew of volunteers for another year of beautiful Christmas decorations in our holy temple. There’s a lot of “hands-on” effort with this, so we truly appreciate this labor of love.

From the Lives of the Saints

February 12 – St. Meletios of Lardos

Meletios was born in the village of Lardos, Rhodes during the Turkish occupation of Greece. He was not well educated, but he had grace, virtue, purity, innocence, and a great love for God. He was a man of prayer. He was a shepherd for his father’s sheep, and had a zeal for the monastic life. Meletios once had a vision that showed where the icon of the Virgin Ypseni was located at the root of a certain tree. He found the icon and built a church there dedicated to the Dormition of the Mother of God. The metropolitan ordained him a priest-monk and made him abbot of the monastery. During the day, Meletios heard the confessions of the faithful, giving them strength to keep their faith during those difficult times. He had received the gift of healing and he cured the sick and spiritually troubled. In the evening, he would go to a nearby cave and pray. Meletios was slandered by the Turks and a price was put on his head for helping the Christians, but he successfully defended himself. His relics give off a sweet-smelling fragrance and are a source of healing and blessing for all who venerate them with devotion. A piece of the holy relics is kept in the Holy Monastery of Ypseni.

FROM FATHER ANTHONY

Service Cancellations

For those of you who are not on the church’s listserv to receive automatic e-mail announcements, please remember that you can check for service cancellations using the church’s voicemail system.

If you call outside of office hours, please listen to the menu and select #5 for the listing of church services for the current week. This message will always be updated regarding cancellations.

Please note that a decision may not be made until late afternoon for an evening service, or early morning for a morning service, so please double-check before preparing to leave for church.

In Appreciation

Our sincere gratitude goes to Merri Weinberg and her devoted crew of volunteers for another year of beautiful Christmas decorations in our holy temple. There’s a lot of “hands-on” effort with this, so we truly appreciate this labor of love.

PARISH NEWS

LONG TERM STRATEGIC PLANNING COMMITTEE

Given the major maintenance and repairs in the recent past and the new upcoming projects for heaters, air conditioning and additional roof repairs, our Church now finds itself in financial difficulties.

The Parish Council decided to request from the General Assembly the approval for the formation of a Long Term Strategic Planning Committee to help develop new ideas for how the church can raise revenues in the short and long term.

At the Fall General Assembly a vote to establish the committee was approved.

The Parish Council has followed up with the mandate of the General Assembly.

We will be accepting names and resumes from those individuals interested and willing to serve on this committee.

The following criteria for members to be considered for this committee are:

(3) members of the Parish Council to include the President, Vice President and Treasurer

(4) members of the Parish who are paid for in the current year

Up to 3 members who are not members of the Parish who have community experience in fund raising, short and long term
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<td>Great Vespers 6 pm</td>
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<td>Please see your illustrated Archdiocesan calendar for daily Scripture readings and fasting guidelines.</td>
<td>The Presentation of our Lord Orthros &amp; Lit. Η Υπολαμάνη του Κυρίου Philoptochos 6:30 pm</td>
<td>Abbreviated Paraklesis 7 pm followed by Adult Relig. Ed.</td>
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<td>16th Sunday of Matthew Κυρὶ 16η Ματθαίου</td>
<td>Parish Council 6 pm</td>
<td>St. Haralampos the Priest-Martyr Orthros &amp; Lit. Τοῦ Ἁγίου Χαράλαμπου Small Vespers 7 pm followed by Adult Relig. Ed.</td>
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<td>Sunday of the Canaanite Woman Τῆς Χαναάνας</td>
<td>OPA 2-4 pm Stewardship Committee 6:30 pm</td>
<td>No Vespers or Class</td>
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<td>Sunday of the Publican &amp; Pharisee ΤΡΙΩΔΙΟΝ BEGINS (no fasting all week) Τοῦ Τίλωμος &amp; Φάρισσαν</td>
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<td>Small Vespers 7 pm followed by Adult Relig. Ed.</td>
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<td>Sunday of the Prodigal Son Τοῦ Λαοτοῦ</td>
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Πρός τούς Σεβασμιωτάτους και Θεοφιλεστάτους ἙΠροσφίλετες προσφορές Ἡὑεξής των Γεροντικών Επαρχιών του Θρόνου εν τω προσώπω του Σεβασμιωτάτου Αρχιεπισκόπου Αμερικής κ. Δημητρίου, ο οποίος θα ονομάζεται στον Κατ’ αυτήν, η Αγία και Ιερά Σύνοδος προτάσει της Α.Θ. Παναγιότητος, του Οικουμενικού Πατριάρχου κ.κ. Βαρθολομαίου ανύψωσε την ἄλλη τήν βιωματική προσφορά ὁἰν καί ἀφήβων ἡ διακονία. Κάθε ἔρεα καί κατὰ τήν διακονία τοῦ Θεού καί τήν κατανόησή του τοῦ λατρείας μας καί κατά τής πίστεως διακονίας μας στόν ἄθροι του Θεού. Καθώς ἀπείρωμον τό νέο έτος καί κατά τήν εὐλογημένη Ἑορτή τοῦ Αγίου Βασιλείου τοῦ Μεγάλου, προσδοκοῦμε τίς ἄθροις εὐλογίας καί τής μεγάλα δωρήματα τοῦ Θεού καί συνέχισαμε νά τόν δοξολογούμε καί νά τόν τιμήσαμε διά τής λατρείας μας καί διά τής πίστεως διακονίας μας στόν ἄθροι του Θεού. Η διακονία καί ἡ ἀφήβων τοῦ Θεού καί τής λατρείας μας καί τής πίστεως. Αὐτή ἡ ἀφήβων καί ἡ διακονία καί τής λατρείας μας καί τής πίστεως.
Following is a list for the decoration of icons for all major feast days of Christ and the Theotokos. This is a blessed way to participate in these major feasts of the Church for the health and well-being of your families, or in blessed memory of a loved one. Please note that the cost for decorating an icon is $60. To sponsor the decoration of one or more of these festal icons, please call the office directly during the week. Also included in this listing are floral needs for Great Lent. The various items needed for Holy Week will be listed in the March bulletin, since prices still need to be determined.

**Feasts of Christ & the Theotokos ($60)**

- 2/2 – The Presentation of the Lord
- 3/25 – Annunciation (taken)
- 6/9 – Ascension
- 6/19 – Pentecost
- 8/6 – Transfiguration
- 8/15 – Dormition of the Theotokos (plus an arrangement for large Iconostasis icon, price to be determined)
- 9/8 – Nativity of the Theotokos
- 9/14 – Elevation of the Holy Cross
- 11/21 – Entrance of the Theotokos
- 12/25 – Nativity of Our Lord
- 1/6/2017 – Holy Theophany
- 2/2/2017 – The Presentation of the Lord

**Great Lent**

- Salutations to the Theotokos – 1st, 2nd, 3rd, 4th, and 5th Friday – $50
- Veneration of the Holy Cross – 4/3 (approx. 500 stems, price to be determined)

We thank all our donors in advance, and ask God’s blessings upon them. Please note that as usual, donors will be acknowledged in the bulletin at the appropriate time.

**St. Nicholas Fund**

Thank you to all who donated to the St. Nicholas Fund. Our Parish raised $3,979. This collection was for the rebuilding of the St. Nicholas Church at the World Trade Center in New York that was destroyed on September 11, 2001.
President’s Corner  
Καλή Χρονια

Dear Parishioners,

On behalf of Father Anthony, the Parish Council and myself, I would like to wish you and your families a healthy and joyous New Year.

I would like to extend our appreciation to the following outgoing Parish Council members for their dedication and service throughout their tenure; George Alexis, Jon Buterbaugh, Christos Kotsiopoulos, Ethel Savas, Spyros Savas and George Terzakis. Although we will miss you on the board, we know we can still rely on you for your continued dedication and support of our Church.

We welcome and look forward to a fruitful and productive year with the new Parish Council members; Toula Giannaros, James P. Mihos, George Panagoulopoulos, and Ilias Potsis.

As you all are aware, we are preparing for our Church’s 100th year anniversary. Needless to say, this is a tremendous milestone in which we the current members of our parish have been bestowed with the honor to give testimony to the individuals past and present that have sacrificed so much so that our Orthodox faith can stand tall and bright.

We have created a Tree of Life to commemorate, memorialize and embrace the past, present and future generations of our Church. We welcome you to partake in this tribute to our faith, Church and history, not only to support our Church but to also leave our mark which will inspire the future generations for the next one hundred years to come.

A few upcoming dates commemorating the 100th year celebration of our Church are:

**Sunday, March 6, 2016,**
Hierarchical Liturgy that will be officiated by the Metropolitan Methodios.

**Saturday, November 5, 2016,**
100th year celebration dance held at the Shaw’s Center

May this upcoming hundred year anniversary of our Church act as a rebirth of our commitment to our Orthodox Faith, our Church, and our community.

Respectfully yours,

Nicholas H. Babanikas
Parish Council President

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**PARISH NEWS**

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**100 YEAR CELEBRATION**

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**100 YEAR ANNIVERSARY**

**HIERARCHICAL LITURGY**

We wish to remind all the faithful of the Hierarchical Liturgy on **March 6th** with His Eminence Metropolitan Methodios, to officially mark the celebration of the 100 year anniversary of our parish.

On that Sunday we all need to be present to participate in this historic event, and to honor our spiritual leader of the Metropolis of Boston. Please note that there will be **no Sunday School** classes that day, in order that all families can be present for the entire liturgy. A celebratory reception will be held immediately after the liturgy to honor His Eminence.
Dear Parishioners:

As we previously announced, the "Tree of Life" will be ready for shipment and installation prior to the Hierarchical Divine Liturgy on March 6, 2016. Our goal is to have as many inscribed leaves and rocks attached prior to the delivery date. Please consider submitting your form and donation as soon as possible, in order to be included. We also have added a link on the church website which will allow for credit card payments, and now offer an installment plan as well. Leaves can be paid for over 2 years, and rocks over 3 years. For any questions, please contact the church office.

Fr. Anthony Evangelatos
Proistamenos

George Alexis
Chairman, 100 Year Anniversary Committee

Save the Dates

Sunday, March 6, 2016 - Hierarchical Divine Liturgy
Saturday, November 5, 2016 - Grand Banquet Celebration
We are compiling materials to create a DVD for our 100-year celebration.

Do you have any photos to contribute?

How to turn in photos:
If you have a home scanner, scan the photo to jpg (color or b&w) and email it to office@annunciationbrockton.org. Please provide any names and an estimated time period.

OR

Bring the photo to the church office. Make sure your name is on the back, with the time period and any names of people or groups you can identify.

These photos depict our history. The establishment of an Orthodox church was a major commitment, an enormous task to accomplish. Let’s gratefully celebrate that spirited past together!
**WARM COATS PROJECT**

**THANK YOU!!**

On behalf of the Metropolis Philoptochos of Boston I would like to take this opportunity to express our gratitude to all who so generously supported the Warm Coats Project for the homeless population in the community at large. Your generous contribution yielded more than 50 gently used warm coats/jackets from the Annunciation Brockton Parish Community which have been distributed to the homeless population and will help keep warm men, women and children during this cold winter.

Please accept our deepest gratitude for your kindness and generosity.

Respectfully,

Eleni Stamboulidis,
2nd Vice-President
Metropolis of Boston Philoptochos

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**Σας Ευχαριστούμε!!**

Εκμέρους της Φιλοπτωχών Μητροπόλεως Βοστώνης θα ήθελα να εκφράσω την ευγνωμοσύνη και τις Θερμές ευχαριστίες μας σε όλους που τόσο γενναιόδωρα Υποστήριζατε τον έρανο για ζεστά παλτά για άστεγους ανθρώπους. Η γενναιοδωρί ισχυριστόρα σας ειχε σας αποτέλεσμα να συγκεντρώσουμε περίπου 50 παλτά τα οποία εδόθησαν σε άστεγους ανθρώπους που θα προφυλαξαν από το κρύο, άντρες γυναίκες και παιδιά.

Παρακαλώ δεχτείτε τις ευχαριστίες μας για την συνεισφορά σας.

Με Σεβασμό,

Ελένη Σταμπούλιδη,
2nd Αντιπρόεδρος Φιλοπτώχου Αδελφότητος

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**AID TO CHILDREN IN GREECE & CYPRUS**

We invite you to a special coffee hour on February 28, 2016 following the Divine Liturgy to support the National Philoptochos Aid to Children in Greece and Cyprus Campaign. We hope you will support this worthy effort sponsored by Philoptochos and friends.

Σας προσκαλούμε στον καφέ που προκετε να δοθεί την εικόστη ογδοη Φεβρουαρίου για τη βοήθεια των παιδιών της Ελλάδος και της Κύπρου.

The Aid to Greece and Cyprus Campaign is sponsored by the National Philoptochos.

For information contact Christine Karavites, National Philoptochos Secretary at 508-982-4276.

We apologize to the following whose names were omitted to be mentioned from our annual Christmas Card.

Mr. and Mrs. Vasilios Lucas
Taso and Helen Sideropoulos
Dan, Stephanie, Madison, Samantha & Jackson Spillane
George and Adrienne Spyropoulos
Daniel and June Thompson
Mrs. Maria Thompson
Christos and Elizabeth Tsianakas and Family
MEMBERSHIP
We would like to wish everyone a Happy and Healthy New Year!
Philoctochos is ready to begin 2016 with a mix of traditional and new activities, all aimed at our primary mission of philanthropy.
All events are open – please join us and bring a friend to our next Meeting:

Pot Luck Supper
February 2nd, 2016
Tuesday
@ 6:30pm

Preparation for the festival are beginning and we would appreciate everyone’s help.

SPRING FOOD FESTIVAL
May 21-22, 2016

KOLIVA
If you are planning a memorial service and would like to order koliva, please contact the Church office at (508) 559-0910 at least one week in advance.
The cost is $100 and checks should be made out to the Annunciation Ladies Philoptochos Society.

COFFEE HOUR
If you are interested in sponsoring a coffee hour please contact Tina Boutas at (508) 588-8891 or the Church office.

BAKING
Cooking classes, Easter Baking and much more will be discussed in our next meeting. Please Join Us.

Shut-In Visitations
Anyone who would like a visit from the Annunciation Ladies Philoptochos, please contact the Church office at (508) 559-0910.
GOYA

Happy New Year! This past year has been eventful for our GOYANS. For starters we have the following new GOYANs:

Niko Alexiou
Marena Bellas
Stavros Constantinou
Damani Fernandes
Melena Karolemeas
Aristea Tsitsopoulos,
Niko Veiga

Just recently, we went grocery shopping at Market Basket through the help of donations and put together 8 food baskets for Catholic Charities to be given to local families. See photo.

Our members are off to a good start this year:

André Cathcart has been scoring varsity points for the Oliver Ames track team!
Other members (including Jerrall Fernandez, Tom Maranian and Mike Babanikas) have been playing for the church basketball team, and they are doing well this season. Eleni and Chris Constantinou were accepted into Districts for orchestra!

We are putting together IOCC relief kits. The following donations are welcome:
We will accept any (new and zip locked) hygiene related donations, including: band-aids, finger nail clippers, face cloths, and combs. A drop off area will be marked at church soon.

Our next meeting is scheduled: **February 21**

New members are always welcome!

Hope to see you there!

ALTAR BOY WORKSHOP

Dear altar servers,

On Sunday, 2/7 we will have an altar boy workshop immediately after Sunday School. With a few newer servers from last year and the current year, we need to have some practice time and to go over things in general. Please report to the church right after Sunday School is dismissed.

Thanks and God Bless

+Fr. Anthony
The St. John Chrysostom Oratorical Festival is a series of public speaking programs whose purpose is to give young people an opportunity to learn and speak about their beliefs, their Church and their heritage. This stimulates enthusiasm and strengthens their understanding and appreciation about their identity as Greek Orthodox Christians.

**RULES FOR PARTICIPATING IN THE FESTIVAL**

1. Your speech must be original and delivered in English. A speech or essay, either your own or someone else’s, that has been used in a previous Oratorical Festival, is not eligible. Quoted material must be minimal and sources identified.

2. No audio-visual material (slides, charts, etc) can be used.

3. A parent or teacher may “coach” you in preparation and delivery, but your talk must reflect your own writing and style.

4. Time limits for each speech are:
   - Juniors — minimum 3 minutes
     maximum 4 minutes
   - Seniors — minimum 4 minutes
     maximum 5 minutes

5. A copy of your speech (typed double spaced or clearly written) must be presented before program begins.

Two (2) winners from each parish’s junior and senior division will participate in the Local Festival in March and the District Oratorical Festival in April. There will be two winners from each division will go on to the Diocesan Festival in May where there will be 16 participants (8 from each division). The winner of the Diocesan Junior Division and Senior Division will present their speeches at the National Festival in June. 18 will participate here (a Junior and a Senior from each of the 9 Dioceses in the U.S.)

**JUDGES CRITERIA FOR EVALUATING SPEECHES**

**CONTENT:**
Organization, language, support of ideas, adaptation of topic.

**DELIVERY:**
Vocal skills, expressiveness, physical movements, effective use of manuscript

We have sent two to the National Festivals in the past:

Jim Theos to Denver, Colorado
Katerina Koutroubis to Boca Raton, Florida
2016

Get Togethers

2:00—4:00 pm
Third Tuesday of the

Dates:

Tuesday, February 16, 2016 ~ Heart Healthy ~ Bowling
~ We will be having a senior candlepin tournament
~ We will be meeting at the Westgate Lanes

Tuesday, TBD ~ TAX Time Tips ~ Speaker: John Kolentsas
will gives us some insight and helpful tips to what seniors
should know when filing their taxes this year.

Tuesday, April 19, 2016 ~ Exercise Class
~ This class will be led by a trained instructor

We would like to get and early start in planning our
Summer trip. If anyone has any ideas of an event or
Happening that we might like to attend
please let me know.
Currently, we are looking at the possibility of going to New York.
We will be discussing it our next meeting.
**Confronting and Controlling Thoughts**  
*According to the Fathers of the Philokalia*

The Philokalia is a collection of writings about practicing virtue. Developed by monks on Mount Athos, it was first published in 1782 in Venice, and later in Athens.

This new book by Anthony Coniaris discusses how action begins with thought. To manage behavior that pollutes our hearts and mind, we must confront and control damaging thoughts.

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**From our Collection:**

"By prayer, I mean not that which is only in the mouth, but that which springs up from the bottom of the heart."

In fact, just as trees with deep roots are not shattered or uprooted by storms...in the same way prayers that come from the bottom of the heart, having their roots there, rise to heaven with complete assurance and are not knocked off course by the assault of any thought.

That is why the psalm says, “Out of the deep I call unto thee, O Lord.” (Psalm 120:1)

- St. John Chrysostom

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**8 Patterns of Evil Thought**

- Gluttony
- Fornication
- Avarice
- Sorrow
- Discouragement
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TREE OF LIFE ORDER FORM

BRASS LEAF

1 LEAF MINIMUM DONATION $400.00
2 LEAVE MINIMUM DONATION $750.00
3 LEAVE MINIMUM DONATION $1100.00

LEAF INSCRIPTION
(UP TO 4 LINES)

Please print clearly:

Line 1 ______________________________________

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Line 3 ______________________________________

Line 4 ______________________________________

Your name__________________________________

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ANNUNCIATION GREEK ORTHODOX CHURCH
457 OAK STREET
BROCKTON MA 02301
100 YEAR CELEBRATION
TREE OF LIFE ORDER FORM

LARGE ROCK
SCULPTURED OAK ROCK WITH BRASS PLATE

MINIMUM DONATION $2500.00

ROCK INSCRIPTION
(UP TO 4 LINES)

Please print clearly:

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Line 2 ______________________________________

Line 3 ______________________________________

Line 4 ______________________________________

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Phone (day) ___________________ (evening) ____________________

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